Roasted Charmoula Okra

Serves 4, as a Side:

Ingredients

1 pound okra 2 tablespoons extra virgin olive oil kosher salt to taste fresh thyme leaves 2 teaspoons charmoula, or spice blend Maldon salt or fleur de sel

Preparation

Preheat oven to 450 degrees. Rinse the okra, drain them, and dry well with a clean dish towel. Cut off the stem end of each pod and place in a large bowl. Drizzle with olive oil and kosher salt. Sprinkle with fresh thyme leaves if you like, or any other fresh herb you have handy. Lay the okra out on a parchment lined baking sheet in a single layer; reserve the bowl for later.

Place the baking sheet in the oven and roast for 15 minutes. Shake the pan at least once midway.

Remove the okra from the oven--they should be nicely charred. Add them back to the bowl and sprinkle with the charmoula, or other spice mixture. Toss well and sprinkle with a final flourish of Maldon salt or fleur de sel. Serve hot.

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